

*The following letter was emailed to parents/guardians of all Pensacola Catholic High School students on 8/25.*

Dear Parent(s),

On Monday, 8/24, we learned that there are 2 confirmed cases of the H1N1 flu in CHS students. Both students were out of school on Monday, are under a doctor's care, and will be out of school until they are fever-free for at least 24 hours, without taking any fever-reducing medication.

We are sending this message to let you know that the first case of the flu has been diagnosed within our school community. We will not, however, send ensuing messages if other cases are diagnosed in any of our students.

Another reminder of one of the most important precautions to prevent the spread of flu: anyone who is feeling ill should stay at home and, once diagnosed, a person should not return to school/work until they are fever-free for 24+ hours, without the use of fever-reducing agents.

Please also help us to impress upon our students the importance of utilizing the hygiene practices that will help to minimize the spread of the flu: do not share any food, beverages, or utensils; wash hands as often as possible; cover your mouth/nose when coughing or sneezing.

Students who leave school feeling ill should take all textbooks with them and use Studywiz to keep up with assignments throughout their illness.

Please let me know if you have any questions and be assured that we are taking precautions to minimize the possibility of the spread of flu at school.

God bless,  
Sr. Kierstin Martin, principal  
Pensacola Catholic High School

*For additional information, please contact the Schools Office of the Diocese of Pensacola-Tallahassee at 850-435-3540.*